

Aidan O'Connell

Cross-Country Riding & Training Safety Clinics

September 23–26, 2010

Strengthen your cross-country safety skills



Develop your cross-country confidence and skill working with Aidan's gymnastic exercises used in his cross-country sessions, as exhibited here by Donna Hecht. —Photo by Bill Gamble

Aidan O'Connell is a former Grand Prix show jumping rider. Among his successes are the Royal Dublin International Show on his famous horse, "Suntan". He has also ridden three times in the English Grand National Steeplechase and trained race-horses professionally to win on the flat and over fences.

Aidan presents clinics across the U.S. and in Europe for horses and riders at every level. His clinics stress managing risks over fences and build confidence in both horse and rider.

Aidan is a member of the Irish Horse Board, Eventing Ireland, The Show Jumping Association of Ireland, and eight foxhunting organizations.

Clinics brought to you by the Genesee Valley Hunt

CLINIC SESSIONS OFFERED

Cross-Country

All cross-country sessions will be held at GVH Horse Trials cross country course, Nations Rd., Geneseo

Session A is the **Theory of SAFETY** in cross-country, explained and demonstrated by Aidan O'Connell, addressing the current issues, horse and rider evaluation, and warm-up for Sessions B & C. All riders must have attended an A session with Aidan before taking Session B or C.

Session B is the sequential building session. Each rider will work and progress to their level of ability, comfort and security.

Session C is reinforcement and review. This session will reinforce sessions A and B with emphasis on accuracy, rhythm and galloping three to four fences in a row. All levels of riders and horses welcome. *(Included in the buy two, get one free offer)*

Coops

Coops Sessions will provide schooling over coops in the Genesee Valley Hunt territory with the benefit of Aidan's instruction. Again, stressing safe cross-country riding and jumping. Coops sessions require previous attendance in Session A. *Meet at pasture at west of GVH Kennels on Roots Tavern Rd., Geneseo*

Show Jumping

A former Grand Prix rider, Aidan will share and demonstrate his expertise and help horse and rider improve jumping technique. *(Show jumping clinics available on request.)*

- Riders and horses at all levels welcome.
- All sessions are open to complimentary audit.
- Recommended equipment for cross-country and coops sessions: snaffle bit, rubber reins, neck strap, spurs, crop, light gloves, protective vest.
- All clinics will be held footing permitting.

For more information contact:

**Ann Morss: 585-704-0985 or email
annmorss@msn.com**

REGISTRATION FORM —Please mark your session choices

Cross-Country Clinics - Meet at GVH cross country course

A Sessions

_____ 5 pm Thurs., Sept. 23

B Sessions

_____ 3 pm Thurs., Sept. 23

_____ 5 pm Fri., Sept. 24

_____ 3 pm Sat., Sept. 25

C Sessions

_____ 2 pm Fri., Sept. 24

_____ 5 pm Sat., Sept. 25

_____ 5 pm Sun., Sept. 26

Coops Clinics - Meet at pasture on west of GVH Kennels (Roots Tavern Rd., Geneseo)

_____ 10 am Fri., Sept. 24

_____ 3 pm Sun., Sept. 26

Possible combinations for those who have already taken the A Session and don't want to repeat it:
2 B Sessions and a C Session; 2 Bs and a Coops Session; or one B and two Coops.

Additional sessions will be formed as needed including: private sessions, show jumping, and X-C .

Call Ann to customize your clinics!
585-704-0985

Name _____

Address _____

Phone _____ Email _____

Pony Club? _____ Club _____

Single Session (CC, SJ or Coops) \$100 _____

Two Sessions \$200 _____

Three Sessions (A, B & C-or coops) \$200 _____

*(Pay for two, get one free - same horse & rider
—applies only to B session, C session or coops session)*

Three Sessions - Pony Club (A, B, C) \$140 _____

TOTAL _____

Enclose check (payable to Ann Morss) or bring cash to your first session

Mail to: Ann Morss, 4281 Huston Rd., Geneseo, NY 14454